Accommodations

A block of rooms are reserved at the Embassy Suites Raleigh-Durham/Research Triangle for Thursday, April 30th at a rate of $119 plus tax for attendees of the 44th Annual AWHONN conference.

For reservations, please call or reserve online by March 31st, 2015. For telephone registrations, call 1-800-EMBASSY. Please identify yourself as an AWHONN participant.

For online reservations, go to https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=12840196

44TH ANNUAL AWHONN N.C. SECTION CONFERENCE

BUILD YOUR NETWORK, GROW YOUR MIND, AND ENERGIZE YOUR SPIRIT

MAY 1, 2015
8 AM – 4:15 PM

EMBASSY SUITES RALEIGH-DURHAM/RESEARCH TRIANGLE

201 HARRISON OAKS BOULEVARD | CARY, NORTH CAROLINA 27513

Who Should Attend

RNs, LPNs, NPs, CNMs, IBCLCs and other professionals providing care for women, infants and their families.

Objectives

- Starting the day with laughter engages both hemispheres of the brain. Tension is decreased. Retention and application of conference materials are increased.
- Participants will review evidence based practice of labor support and position changes to promote physiologic birth and improved outcomes.
- To succinctly identify and explain how increases in stress at the societal and nursing unit levels impact care quality and self-care in general.
- Outline the benefits for nurse and patient of bridging outpatient and inpatient experiences through Centering Model Care.
- Discuss the epidemiology and pathophysiology of peripartum cardiomyopathy.
- Discuss the natural decline in fertility with age and its impact in the era of delayed parenting.
- Describe the different thyroid diseases which occur during the postpartum period.
- Strategies for alleviating “PCLS” (Post-Conference Let-Down Syndrome).

Credit

- 0.55 CEUs pending
- 5.5 Contact Hours pending

Nurses: This educational activity can be applied toward your continuing competence plan for maintaining your current licensure with the North Carolina Board of Nursing.
Faculty

Leo Brancazio, M.D.
Maternal-Fetal Medicine Specialist
Duke University
Estela Difranco Field, CNM, MSN
Centering Facilitator
Jennifer L. Eaton, M.D., M.S.C.I.
Medical Director, Assisted Reproductive Technologies
Director, Oocyte Donation Program
Duke Fertility Center
Deb Gauldin, RN, PMS
The Singing OB Nurse
Deb Gauldin Productions
Ami L. Goldstein, MSN, CNM, FNP
Assistant Clinical Professor UNC-CH
Emily Jackson, MSN, CNM
Manager Labor & Delivery
UNC Women's Hospital
Rhonda Lanning, RN, MSN, CNM, IBCLC
Clinical Assistant Professor
University of North Carolina at Chapel Hill School of Nursing
Program Coordinator for Birth Partners, The UNC Volunteer Doula Service Program
North Carolina Women's Hospital
J Bryan Sexton, PhD
Associate Professor in Psychiatry and Behavioral Sciences
Duke University

Program Schedule
Friday, May 1, 2015
8:00 am Registration & Continental Breakfast / Exhibits
8:30 am “Better Than Caffeine” Conference Kick-Off with Deb Gauldin RN, PMS
8:40 am Back to Basics: Using High-Touch Nursing Care to Support Normal Birth Rhonda Lanning, CNM & Emily Jackson CNM
9:40 am Break / Exhibits
10:00 am Thriving vs. Surviving during times of change: The Science of Enhancing Resilience J. Bryan Sexton, PhD
11:30 am Lunch (Provided) / Exhibits/NC AWHONN Section Business Meeting
12:30 pm Concurrent Sessions - Choose One
A. Thyroid Disease across the Lifespan Ami Goldstein, CNM, FNP
B. Out of the Hospital and Into the Community: Duke Labor and Delivery Nurses’ Experiences in Centering Pregnancy Groups facilitated by Estela Difranco Field, CNM, MSN
C. High Risk OB: Peripartum Cardiomyopathy by Leo Brancazio, MD
1:30 pm Break/Exhibits
2:00 pm Concurrent Sessions - Choose One (Repeat of 12:30 sessions)
3:00 pm “Social” Egg preservation: Insurance or False Assurance? Jennifer Eaton, MD
4:00 pm “Tunes & Toons” Conference Recap Deb Gauldin RN, PMS
4:30 pm Adjourn

Registration Form

44th Annual N.C. AWHONN Section Conference
May 1, 2015
Embassy Suites Raleigh-Durham/Research Triangle Cary, NC
Early bird fees (available until March 31st at 11:30pm)
$ 110 — AWHONN member early bird
$ 120 — Nonmember early bird
After March 31st—
$125 — AWHONN member fee
$135 — Nonmember fee

Online Registration Preferred!

Registration fee includes instructional and administrative costs, certificate of completion, program materials, refreshments and lunch.

Register and pay online at https://eventbrite.com/event/13595226689/
You may send a substitute in your place.

Please share this information with a colleague.

Register Early!
Conference registration is limited to 250 people.
For more information and assistance contact Conference Chair April Lalumiere at least five working days prior to the activity by calling 919-784-3218 or emailing AWHONN.Raleigh@gmail.com